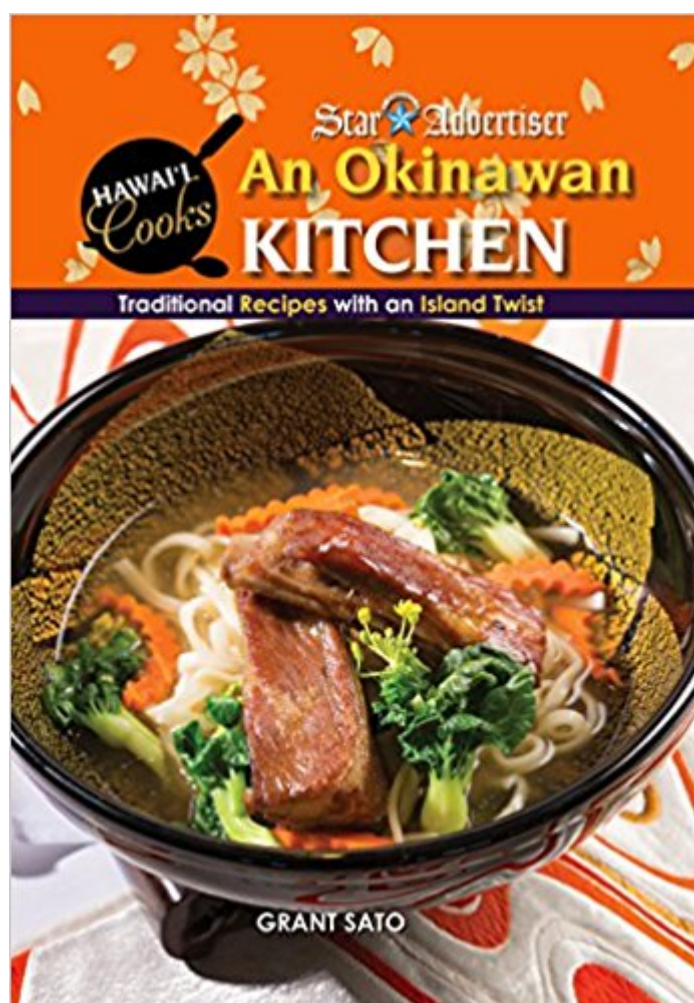


The book was found

Okinawan Kitchen: Traditional Recipes With An Island Twist (Hawai'i Cooks)



Synopsis

This book of traditional Okinawan recipes is for those who seek to finally master classic rafute (braised pork) and goya champuru (bitter melon stir-fry). It is for the adventurous cook willing to discover new takes on Okinawan flavors, such as char-broiled tuna with a bright sesame dressing. And for those who would just like a steaming bowl of Okinawan soba. Whatever your motivation, for dessert it's andagi an Okinawan doughnut so solid and tasty it will anchor any meal. Now you can call it a day, Uchinanchu-style.

Book Information

Series: Hawai'i Cooks

Hardcover: 164 pages

Publisher: Mutual Publishing, LLC; Spi edition (October 17, 2014)

Language: English

ISBN-10: 1939487374

ISBN-13: 978-1939487377

Product Dimensions: 0.8 x 6.8 x 9.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #344,505 in Books (See Top 100 in Books) #56 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > West #97 in Books > Cookbooks, Food & Wine > Asian Cooking > Japanese

Customer Reviews

This book is one of the Hawaii Cooks Series. It is a good primer on Okinawan cooking with an acknowledgement of the changes made when adapted to island of Hawaii. The recipes are quite manageable. The glossary helps if your unfamiliar with an ingredient. The first dish I made was rafute, an Okinawan classic pork belly dish. The dish exploded with Asian flavor. Oh. did I mention, the Okinawan's love pork.

I am not a good cook so my friends were so surprised with the dishes that I brought to a dinner gathering. The book is well-written -- fun to read, easy recipes to follow & the dishes were interesting & delicious! Highly recommended.

Best Okinawan cookbook. Easy to follow instructions and helpful hints on preparing certain items

(bitter melon). My Baban (grandmother) would be so proud.

[Download to continue reading...](#)

Okinawan Kitchen: Traditional Recipes With an Island Twist (Hawai'i Cooks) A Korean Kitchen: Traditional Recipes With an Island Twist (Hawaii Cooks) Full Color Topographic Map of Hawai'i: The Big Island- Reference Maps of the Islands of Hawai'i Moon Big Island of Hawai'i: Including Hawai'i Volcanoes National Park (Moon Handbooks) Portuguese Kitchen: Traditional Recipes With an Island Twist The Essence of Okinawan Karate-Do Essence of Okinawan Karate-Do In My Kitchen: 100 Recipes and Discoveries for Passionate Cooks Keepers: Two Home Cooks Share Their Tried-and-True Weeknight Recipes and the Secrets to Happiness in the Kitchen Hawai'i: A Sense Of Place: Island Interior Design A Shark Going Inland Is My Chief: The Island Civilization of Ancient Hawai'i Hawai'i's Early Territorial Days 1900-1915: Viewed From Vintage Postcards By Island Curio Leis, Luaus, and Alohas: The Lure of Hawai'i in the Fifties (Island Treasures) Big Island of Hawai'i: Including Hawaii Volcanoes National Park (Moon Handbooks) Moon Handbooks Big Island of Hawai'i: Including Hawaii Volcanoes National Park Hawai'i Trails: Walks, Strolls, and Treks on the Big Island Applications of Traditional and Semi-Traditional Hypnotism. Non-Traditional Hypnotism, Volume 2, The Practice of Hypnotism Jello Shot Recipes: 55 Fun & Creative Jello Shot Recipes for your Party (Jello Shots, Jelly Shots, Party Recipes, Jungle Juice, Punch Recipes, Vodka Recipes, ... Rum Recipes, Cocktail Recipes, Wine Making) Traditional Old English (British) Recipes (Traditional Old English Recipes) (Volume 1) Yashim Cooks Istanbul: Culinary Adventures in the Ottoman Kitchen (Yashim the Ottoman Detective Book 6)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)